

■ grown locally when available ■ grown in Australia when available ■ overseas product

items with (*) must be pre-arranged for new clients

Vegetables

Alfalfa	Qty	Beans	Qty	Brussel Sprouts	Qty	Carrots	Qty	Corn	Qty
pack 250g		stringless 1 kg		1 kg		medium 1 kg		cob	
pack 1 kg		stringless 10 kg box		5 kg box		medium 20 kg box		cob 24-30 piece box	
		flat beans 1 kg		10 kg bag		large loose 1 kg		baby corn pack	
Artichokes		flat beans 5 kg bag				large 20 kg box		baby corn 12 pack box	
globe each		broad beans 1 kg		Cabbage		catering carrots 20kg bag			
globe 20 piece box		broad beans 8 kg box		green each		juice carrots 5kg bag		Cucumber	
Jerusalem 1 kg		snake beans 1 kg*		savoy each		juice carrots 20 kg bag		continental medium each	
Jerusalem 5 kg				red each		purple 1kg		continental med 15 pc bag	
		Bean Sprouts				purple 10 kg box		continental large each	
Asian Vegetables		bag 1 kg		Capsicum		medium bunch		continental lge 15 pc bag	
bok choy bunch		bag 5 kg		No.2 class red 5 kg bag		heirloom bunch purple*		lebanese 1 kg	
chinese spinach				No.2 class green 5 kg bag		heirloom bunch yellow*		lebanese 10 kg box	
chinese broccoli		Beets		red extra large 1 kg		heirloom bunch white*		apple each	
choy sum bunch		beetroot large red bunch		red extra large 10 kg box		heirloom bunch red*			
pak choy bunch		beetroot medium gold*		red large 1 kg		heirloom bunch mixed*		Eggplant	
wombok each		beetroot medium candy*		red large 5 kg bag		Cauliflower		premium 1kg	
wombok 8pc box		silverbeet bunch		red medium 1 kg		cauliflower each		premium 5 kg box	
baby wombok each		chard 1 kg*		red medium 5 kg bag		caulibroc each		No.1 class 1kg	
mustard greens bunch		baby rainbow chard 1 kg*		green large 1 kg		Celery		No.1 class 5kg bag	
garlic shoots				green medium 1 kg		bunch		No.2 class 1kg	
		Broccoli		green large 5 kg bag		8 bunch box		No.2 class 5kg	
Asparagus		No.2 class 1 kg		green medium 5 kg bag		celeriac bulb		lebanese 1kg*	
bunch		No.2 class 8 kg box		mix colour 5 kg bag		Chillies		lebanese 10 kg box*	
30 bunch box		premium 1 kg		banana capsicum 1 kg		long red 1 kg			
white bunch		premium 8 kg box		banana capsicum 5 kg bag		long green 1 kg		Fennel	
white 30 bunch box		broccolini bunch				birdseye hot 1 kg		bulb	
		broccolini 12 bunch box						bulb 20 piece box	

Baby & Petite Vegetables

Qty	Qty	Qty	Qty
micro radish punnet*	baby white turnip*	heirloom carrot mixed*	baby fennel
micro turnip punnet*	baby carrots bunch*	heirloom carrot purple*	
baby gold beetroot*	petite dutch carrot punnet*	heirloom carrot red*	
baby candy beetroot*	baby golden zucchini*	heirloom carrot yellow*	
baby red beetroot*	baby radish*	heirloom carrot white*	

Herbs & Edible Flowers

Herbs	Qty	Qty	Qty	Edible Flowers	Qty			
basil bunch		fennel tops		parsley continental		viola pack*		mini snap dragon*
basil loose 1 kg box		kaffir lime leaves pack		rosemary bunch		rocket pack*		amaranth fire stix*
bay leaves bunch		lemon grass bunch		rau ram bunch		coriander pack*		corn flower*
chervil bunch		lemon grass 1 kg		sage bunch		borage*		taragon*
chives plain bunch		lemon verbena bunch		sorrel bunch		lavender*		dill*
chives garlic bunch		marjoram bunch		tarragon bunch		nasturtium*		mini bell*
coriander bunch		mint bunch		thai basil bunch		nasturtium leaves*		feather*
curry leaf		mizuna bunch		thyme bunch		chives*		amaranth sparkler*
dill bunch		oregano bunch		watercress bunch		dianthus*		fuschia*
		parsley curly		purple basil bunch		blue dragon*		blue heaven*

Potted Baby Herbs

Qty	Qty	Qty	Qty	Qty
basil greek*	chive*	mustard cress*	red oak*	tarragon*
basil green*	coriander*	oak leaf*	red radish*	watercress*
basil purple*	dandelion*	parsley flat*	red russian*	wheat grass*
basil thai*	dill*	parsley curly*	rocket*	
carrot*	mache*	peppermint*	sage*	snow pea tendril (mega)*
celery*	lemon balm*	red cabbage*	salad burnet*	
chard*	mint*	red garnet*	savory*	
chervil*	mizuna*	red mustard*	shiso*	

Eggs

Flinders Ranges All Grain Caged	Qty	Adelaide Plains Cage Free	Qty	McLaren Vale Premium Free Range	Qty		
700g doz carton		700g doz carton		700g doz carton			
600g doz carton		600g doz carton		600g doz carton			
700g 15 carton box		700g 15 carton box		700g 15 carton box			
600g 15 carton box		600g 15 carton box		600g 15 carton box			
700g 6 x 30 egg trays		700g 6 x 30 egg trays		700g 6 x 30 egg trays			
600g 6x 30 egg trays		600g 6x 30 egg trays		600g 6x 30 egg trays			

Fruit

Apples	Qty	Cherries	Qty	Grapes	Qty	Mandarins	Qty	Pineapples
custard apple		medium 1 kg		crimson seedless 1 kg		1 kg		tropical pineapple each
fuji		medium 5 kg box		flame seedless 1 kg		9 kg box		gold pineapple each
golden delicious		large 1 kg		menindie seedless 1 kg		Nectarines		Plums
granny smith		large 5 kg box		red globes 1 kg		No.2 class 10 kg box		all varieties
pink lady		extra large 1 kg		thompson seedless 1 kg		premium 1 kg		1 kg
red delicious		extra large 2 kg box		Kiwifruit		premium 10 kg box		Strawberries
royal gala		extra large 5 kg box		single piece		Oranges and Tangeloes		mediums punnet
toffee apple		premium 32+mm 2kg		box 60-120 piece box		oranges 1 kg		large punnet
baby delicious		premium 32+mm 5kg		gold kiwi piece		oranges 3 kg bag		No.2 class punnet
Apricots		Coconuts		gold kiwi 24-48 piece box		oranges 16 kg box		Tomatoes
premium 1 kg		each		Lemons		juicing oranges 16 kg box		small vine ripe 10 kg box
premium 5 kg box		drinking coconut each		medium 1 kg		tangelo 1 kg bag		medium vine ripe 10 kg box
premium 10 kg box		Exotics & more		medium 16 kg box		tangelo 16 kg box		large vine ripe 10 kg box
No.2 class 10 kg box		carambola each		large 1 kg		blood orange 1 kg		No.2 class cooker 10 kg box
Avocados		cumquat each		large 16 kg box		blood orange box 9-15 kg		small gourmet 10kg box
all varieties		dates fresh 1kg		No.2 class 1 kg		Pawpaw		medium gourmet 10kg box
single piece		dragon fruit red each		No.2 class 16 kg box		red flesh each		large gourmet 10 kg box
tray 16-23 pieces		dragon fruit white each		juicing 16 kg box		yellow flesh each		roma 1 kg
tray 25-32 pieces		longan 1 kg		Limes		Peacharines		roma 10 kg box
bulk box 32-50 pieces		lychee 1 kg		No.2 class 5 kg box		No.2 class 10 kg box		No.2 class roma 10 kg box
bulk box 55-75 pieces		passionfruit each		No.2 class 10 kg box		premium 1 kg		truss 1 kg
bulk box 75-95 pieces		pomegranate each		1 kg pack		premium 10 kg box		truss 5kg tray
Bananas		quince 1 kg		5 kg box		Peaches		black russian 1 kg
medium 1 kg		rambutan 1 kg		finger limes 1 kg*		yellow premium 1 kg		green heirloom 1 kg*
medium 13 kg box		tamarillo each		finger limes 2 kg box*		No.2 class yellow 10 kg box		green heirloom 10kg case*
large 1 kg		Figs		Mangoes		white premium 1 kg		heirloom medley punnet*
large 13 kg box		archipal 1 kg		all varieties		flat white peach punnet		heirloom medley 1 kg*
green 1 kg		black genoa 1 kg		No.2 class bulk box		No.2 class white 10 kg box		Tomatoes (Cherry)
green 13 kg box		brown turkey 1 kg		each		Pears		punnet
banana leaves 1 kg*		deanna 1 kg		10-12 piece tray		green 1kg		premiun punnet
Berries		spanish desert 1 kg		14-20 piece tray		corella 1kg		grape punnet
blackberry punnet		Grapefruit		22-24 piece tray		buree bosc 1kg		mini roma punnet
blueberry punnet		yellow 1 kg		Melons		paradise 1 kg		choc cherry punnet
gooseberry punnet		yellow 16 kg box		watermelon seedless whole		Persimmon		orange roma punnet
raspberry punnet		ruby 1 kg		champagne melon		premium 1 kg		yellow punnet
red current punnet		ruby 16 kg box		honeydew melon		No.2 Class 1kg		cherry truss 1 kg
kiwi berry punnet				rockmelon				cherry truss 5 kg tray

Our processed vegetables are fully certified

Pre-prepared Products

HACCP CERFT. AU06/5994
ISO 9001:2000 CERT. AU06/2954



Broccoli	Qty	Cucumber	Qty	Parsnip	Qty	Swede	Qty
florets		sliced 6mm		12mm diced		12mm diced	
buds				portions			
12mm diced		Cauliflower		whole peeled		Spinach	
		12mm diced				sliced 12mm	
Green Capsicum		florets		Potato			
12mm diced		buds		6mm diced		Turnip	
sliced 6mm				10mm diced		12 mm diced	
sliced 12mm		Cucumber		12mm diced			
		sliced 6mm		19mm diced		Zucchini	
Red Capsicum				scallops		12mm diced	
12 mm diced		Cabbage		mini roast		sliced (rings)	
sliced 6mm		red shredded		peeled standard		shredded	
sliced 12mm		green shredded		peeled premium			
		green rough cut		peeled (100g)		Mixed Vegetable	
Mixed Capsicum						6mm diced	
6mm diced		Garlic		Pumpkin		12mm diced	
12mm diced		peeled		6mm diced			
				12mm diced		Julianne Mix	
Carrot		Lettuce		portions		machine cut	
6mm diced		shredded 6mm		scallops		hand cut	
12mm diced				shredded			
sliced(rings)		Leek				Customised	
shredded		4.8mm sliced		Red Onion			
whole peeled		6mm sliced		sliced 4.8mm			
baton 10mm							
baton 6mm		Mushroom		Rhubarb			
portions		6mm sliced		sliced 12mm			
Celery		Onion		Sweet Potato			
6mm diced		6mm diced		12mm diced			
12mm diced		10mm diced		whole peeled			
sliced 6mm		12mm diced					
sliced 12mm		sliced					